



EUROPEAN MASTERS GAMES LIGNANO 2011

REGULATIONS – 05 CANOE - KAYAK

Nota Bene: All the information contained in the herewith current regulations is valid at the moment of publishing but may be subject to variations.



Updated 3rd of June version

For all which is not specifically prospected in the current regulations, the I.C.F. (International Canoe Federation) are valid and applied

ENTRIES

The spirit of the European Master games is that all entries be free and that the athletes do not represent their country of origin, therefore, as a consequence athletes from outside Europe are allowed to subscribe to the games.

THE ESTIMATED FINAL REGISTRATION DATE

12th June 2011 EARLY REGISTRATION (with a 15% discount on the registration fee)

31st July 2011 FINAL REGISTRATION

Membership to a Sports Federation

All athletes:

- have to give proof of being a member of their National Federation, acknowledged and associated to the I.C.F..
- they must have an up-to-date doctor's certificate which declares the athlete's agonistic fitness to compete in the sports discipline of Canoe – Kayak (certificate which is not requested if already owner of a doctor's certificate as a member of the chosen sport)

Anti doping

All athletes accept to undergo anti doping tests which will be carried out according to the rules and regulations of the IMGA- WADA.

Insurance policy

- All the athletes who do not possess the EHIC membership (European Health Insurance Card) must take out an accident insurance policy. Information can be found on the site <http://ehic.europa.eu>
- The athletes who do not have this insurance can take out a policy, in loco, with the O.C. insurance company, at the Games Centre, or following the link which will be activated on the site www.lignano2011.it

Entry terms and conditions

- All athletes must accept the entry terms and conditions, the specified rules and regulations, moreover, they must sign, on registration, release from civil liability.

Visas

The athletes coming from countries where an Entry Visa is requested, must ask for a Tourist Visa. Information regarding the issue of a Tourist Visa is obtainable on the site www.esteri.it/visti/home_eng.asp (Tourist type Visa).

For all that is not foreseen or specified in this information guide, the I.C.F. International Technical

1. Dates of the competitions

1.1. The "European Masters Games" will start on Saturday 10th Sept. 2011 and end on Tuesday 20th Sept. 2011.

1.2. The **Canoe - Kayak** race will take place from **Monday 10th Sept. 2011** to **Monday 15th Sept. 2011**.

1.2.1. SIC – Sport Information Centre

All information concerning the Canoe – Kayak races will be published on the site www.lignano2011.it and can be obtained from the SIC (Sport Information Centre) regarding the Canoe – Kayak, which will be open at the Accreditation Centre from Wednesday 7th Sept. 2011 together with the checking of accreditation until Wednesday 14th Sept. 2011.

2. Details regarding sports facilities

- 2.1 "Remo Cristofoli" Canoe and Rowing Centre, Via Famula n. 44 - San Giorgio di Nogaro
website: www.canoasangiorgio.org.

3. Age groups

3.1 All age groups are determined on 31.12.2011, in multi-seated boats, the age of the youngest athlete determines the category in which one is placed:

Men: 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70 Over

Women: 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70 Over

3.2 the following age groups are foreseen:

- MASTER A (from 35 to 39) Born in: 1976, 1975, 1974, 1973, 1972
- MASTER B (from 40 to 44) Born in: 1971, 1970, 1969, 1968, 1967
- MASTER C (from 45 to 49) Born in: 1966, 1965, 1964, 1963, 1962
- MASTER D (from 50 to 54) Born in: 1961, 1960, 1959, 1958, 1957
- MASTER E (from 55 to 59) Born in: 1956, 1955, 1954, 1953, 1952
- MASTER F (from 60 to 64) Born in: 1951, 1950, 1949, 1948, 1947
- MASTER G (from 65 to 69) Born in: 1946, 1945, 1944, 1943, 1942
- MASTER H (from 70 and older) Born in: 1941 or before

3.3 Paralympic competitions:

There is only one age class for paralympics (Open) – Open M; Open F.

There is only one distance for all paralympic competitions: 200mt.

The competition specialities for paralympics, both for Men and Women, are 2: K1 and V1.

The paralympic categories, both for Men and Women, are 3: A, TA, LTA.


4. Details regarding the competition

4.1 Temporary competition schedule

Saturday	10 th September from 9.00 a.m.	200m qualifications followed by semi finals
Sunday	11 th September from 9.00 a.m.	200m semi final follow up
Sunday	11 th September from 13.00 p.m.	200m finals
Monday	12 th September from 9.00 a.m.	1000m qualifications
Monday	12 th September from 13.00 p.m.	200m paralympic qualifications and finals
Tuesday	13 th September from 9.00 a.m.	1000m semi finals
Wednesday	14 th September from 9.00 a.m.	1000m finals

4.2 Temporary timetable for the finals:

LIGNANO 2011 EUROPEAN MASTERS GAMES LIGNANO 2011 CANOA-KAYAK Timetable Distance: sprint mt. 200 Updated 25/05/2011												
Saturday 10/9/2011: h. 09,00 Heats; (following: Semi-finals)												
Sunday 11/9/2011: h. 09,00 Heats; (following: Semi-finals). From h.13,00: FINALS (Including Paralympics)												
FINALS SPRINT mt. 200:												
Day	N°	Time	Crew.	Type	N°	Time	Crew.	Type	N°	Time	Crew.	Type
11/09/2011	1	14:00	K1	A M	2	14:04	C1	A M	3	14:08	K1	A W
11/09/2011	4	14:12	K1	B M	5	14:16	C1	B M	6	14:20	K1	B W
11/09/2011	7	14:24	K1	C M	8	14:28	C1	C M	9	14:32	K1	C W
11/09/2011	10	14:36	K4	H M	11	14:40	C4	H M	12	14:44	K4	H W
11/09/2011	13	14:48	K2	G M	14	14:52	C2	G M	15	14:56	K2	G W
11/09/2011	16	15:00	K1	F M	17	15:04	C1	F M	18	15:08	K1	F W
11/09/2011	19	15:12	K4	E M	20	15:16	C4	E M	21	15:20	K4	E W
11/09/2011	22	15:24	K2	D M	23	15:28	C2	D M	24	15:32	K2	D W
11/09/2011	25	15:36	K4	A M	26	15:40	C4	A M	27	15:44	K4	A W
11/09/2011	28	15:48	K2	B M	29	15:52	C2	B M	30	15:56	K2	B W
11/09/2011	31	16:00	K4	C M	32	16:04	C4	C M	33	16:08	K4	C W
11/09/2011	34	16:12	K1	H M	35	16:16	C1	H M	36	16:20	K1	H W
11/09/2011	37	16:24	K1	G M	38	16:28	C1	G M	39	16:32	K1	G W
11/09/2011	40	16:36	K4	F M	41	16:40	C4	F M	42	16:44	K4	F W
11/09/2011	43	16:48	K2	E M	44	16:52	C2	E M	45	16:56	K2	E W
11/09/2011	46	17:00	K1	D M	47	17:04	C1	D M	48	17:08	K1	D W
11/09/2011	49	17:12	K2	A M	50	17:16	C2	A M	51	17:20	K2	A W
11/09/2011	52	17:24	K4	B M	53	17:28	C4	B M	54	17:32	K4	B W
11/09/2011	55	17:36	K2	C M	56	17:40	C2	C M	57	17:44	K2	C W
11/09/2011	58	17:48	K2	H M	59	17:52	C2	H M	60	17:56	K2	H W
11/09/2011	61	18:00	K4	G M	62	18:04	C4	G M	63	18:08	K4	G W
11/09/2011	64	18:12	K2	F M	65	18:16	C2	F M	66	18:20	K2	F W
11/09/2011	67	18:24	K1	E M	68	18:28	C1	E M	69	18:32	K1	E W
11/09/2011	70	18:36	K4	D M	71	18:40	C4	D M	72	18:44	K4	D W
12/09/2011	1/P	13:00	K1	A.M	2/P	13:04	V1	A.M	3/P	13:08	K1	A.F
12/09/2011	4/P	13:12	V1	A.F	5/P	13:16	K1	AT.M	6/P	13:20	V1	AT.M
12/09/2011	7/P	13:24	K1	AT.F	8/P	13:28	V1	AT.F	9/P	13:32	K1	LTA.M
12/09/2011	10/P	13:36	V1	LTA.M	11/P	13:40	K1	LTA.F	12/P	13:44	V1	LTA.F

IGNANO 2011 European Masters Games		EUROPEAN MASTERS GAMES LIGNANO 2011 CANOA-KAYAK Timetable Distance: mt. 1.000 <i>Updated: 24/05/2011</i>										
Monday 12/9/2011: h. 09,00 Heats; (following: Semi-finals)												
Tuesday 13/9/2011: h. 09,00 Heats; (following: Semi-finals)												
Wednesday 14/9/11 h. 09,00 FINALS												
FINALS MT. 1.000:												
Day	N°	Time	Crew	Type	N°	Time	Crew	Type	N°	Time	Crew	Type
14/09/2011	1	09:00	K1	A M	2	09:05	C1	A M	3	09:10	K1	A W
14/09/2011	4	09:15	K1	B M	5	09:20	C1	B M	6	09:25	K1	B W
14/09/2011	7	09:30	K1	C M	8	09:35	C1	C M	9	09:40	K1	C W
14/09/2011	10	09:45	K4	H M	11	09:50	C4	H M	12	09:55	K4	H W
14/09/2011	13	10:00	K2	G M	14	10:05	C2	G M	15	10:10	K2	G W
14/09/2011	16	10:15	K1	F M	17	10:20	C1	F M	18	10:25	K1	F W
14/09/2011	19	10:30	K4	E M	20	10:35	C4	E M	21	10:40	K4	E W
14/09/2011	22	10:45	K2	D M	23	10:50	C2	D M	24	10:55	K2	D W
14/09/2011	25	11:00	K4	A M	26	11:05	C4	A M	27	11:10	K4	A W
14/09/2011	28	11:15	K2	B M	29	11:20	C2	B M	30	11:25	K2	B W
14/09/2011	31	11:30	K4	C M	32	11:30	C4	C M	33	11:40	K4	C W
14/09/2011	34	11:45	K1	H M	35	11:50	C1	H M	36	11:55	K1	H W
14/09/2011	37	12:00	K1	G M	38	12:05	C1	G M	39	12:10	K1	G W
14/09/2011	40	12:15	K4	F M	41	12:20	C4	F M	42	00:00	K4	F W
14/09/2011	43	12:30	K2	E M	44	12:35	C2	E M	45	12:40	K2	E W
14/09/2011	46	12:45	K1	D M	47	12:50	C1	D M	48	12:55	K1	D W
14/09/2011	49	14:30	K2	A M	50	14:35	C2	A M	51	14:40	K2	A W
14/09/2011	52	14:45	K4	B M	53	14:50	C4	B M	54	14:55	K4	B W
14/09/2011	55	15:00	K2	C M	56	15:05	C2	C M	57	15:10	K2	C W
14/09/2011	58	15:15	K2	H M	59	15:20	C2	H M	60	15:25	K2	H W
14/09/2011	61	15:30	K4	G M	62	15:35	C4	G M	63	15:40	K4	G W
14/09/2011	64	15:45	K2	F M	65	15:50	C2	F M	66	15:55	K2	F W
14/09/2011	67	16:00	K1	E M	68	16:05	C1	E M	69	16:10	K1	E W
14/09/2011	70	16:15	K4	D M	71	16:20	C4	D M	72	16:25	K4	D W
Starting Marathon: Thursday 15th of settembre 2011 (S. Giorgio di Nogaro - Cervignano del Friuli) 10 nm.												
Day	Time	Crew										
15/09/2011	14:00	K2 Men										
15/09/2011	14:05	K2 Women										
15/09/2011	14:10	C2 Men										
15/09/2011	14:15	K1 Women										
15/09/2011	14:20	K1 Men										
15/09/2011	14:25	C1 Women										

The Technical Committee may modify the timetable according to the needs of the event.

4.3 Equipment check-up

The weighing of the boats will begin on Friday 9th Sept. 2011 at 6.00 p.m.

4.4 Participation

Every athlete can register for a maximum of 3 (three) 200m races, 2 (two) 1000m races and the marathon.

4.5 Registration and Prize giving

In the case in which there will not be a sufficient number of registered participants in one or more of the age groups, the age groups will be formed in a different way so as to allow the competition to be performed. The awarding of the medals will not be modified, therefore the individual athletes will be awarded the prize in the age group in which they have registered for.

The awarding of the prize will be carried out on the podium 15 minutes after the conclusion of the finals.

5. Training

Training will be allowed on oar-ergometers rendered available by the organization and situated in the gym at "Remo Cristofoli" Canoe and Rowing Centre in San Giorgio di Nogaro.

6. Competitions: standards and rules

6.1 The games will be played under the supervision National Federation F.I.C.K. and will adhere to whatever the rules and regulations of the I.C.F. and of the International Master Games Association (I.M.G.A.) claim.

6.2 Technical meeting

Detailed information will be notified after the registration deadline on the site www.lignano2011.it

A technical meeting will be held at 8.00 a.m. at the location of the games.

6.3 Jury and Umpires

The competition will be directed by an umpire and by the jury nominated by the D.A.C.

6.4. Registration and medals

6.4.1 Individual sports races

In the case in which there will not be a sufficient number of registered participants in one or more of the age groups, the age groups will be formed in a different way so as to allow the competition to be performed. The awarding of the medals will not be modified, therefore the individual athletes will be awarded the prize in the age group in which they have registered for.

6.4.2 Team sports races

In the case in which there will not be a sufficient number of registered teams in one or more of the age groups, the age groups will be formed in a different way so as to allow the competition to be performed.

6.5 Prize giving ceremony

According to the spirit of the European Masters Games, registration is free and the athletes do not represent their country of origin: Therefore the prize-giving ceremonies will be carried out without the hoisting of the flag and without playing the National Anthem of the winning athlete. Prize giving will be held 15 minutes after the end of each competition.

All the athletes of every competition and age group forming the first three rankings will receive a medal.

All the athletes of every competition and age group can bear the title "Champions of the European Masters Games Lignano 2011".

7 Equipment

In the marathon competition, a life-jacket is considered compulsory.

8 Outfits

No specific outfits are required, however there are several guide lines for the participants of multi-seated boats which consist in all having the same uniform.

9 Boat hire

A small boat will be rendered available for hiring for the first three who apply for it.

The approximate hiring cost is of: € 20,00 each seat.

A deposit will be requested of € 250,00 for each boat.

We suggest visiting the site www.canoasangiorgio.org for the application, hiring rules and for payment.

We wish to inform that the hired boats may or may not be of the last version; however, the Organizing Committee guarantees that all the boats are of a suitable standard for the competitions.

10 Miscellaneous

It will be possible to attend the "Remo Cristofoli" Canoe and Rowing Sports Centre from Thursday 8th Sept. 2011 from 9.00 a.m. to 8.00 p.m.. For booking and other information, consult: www.canoasangiorgio.org

11. Registration

11.1 Registration fee ATHLETES

The registration fee for the athlete of each for the European Masters Games Lignano 2011 is of € 120,00 per person and must be paid to the team leader before 31st July 2011. (Final registration).

In the case that the fee were paid before 12th June 2011 (Early Registration) one can benefit of a discount of 15% (the amount due is of € 102,00).

The payment of the registration fee (€ 102,00 before 12th June 2011 or € 120,00 before 31st July 2011) must be paid via International transfer on the bank account [c/c Comitato Esecutivo Organizzatore EMG Lignano 2011 - Banca Popolare FriulAdria – Agenzia 171 Trieste.](#)

[IBAN IT25C0533602207000040545149 - BIC \(or SWIFT\) BPPNIT2P171, net of the transfer fees, or via Credit Card \(The Pay Pal payment system can be used for online enrolment, available on the site: \[www.lignano2011.it\]\(http://www.lignano2011.it\)\).](#)

The fee offers the following benefits:

- ⇒ The possibility to participate to all the games listed in the EMG programme;
- ⇒ The parade and access to the opening and closing ceremonies;
- ⇒ Free of charge urban transport service in Lignano Sabbiadoro;
- ⇒ Extra-urban transport service from Lignano to competition localities outside Lignano during the event days and for the sports to which one is accredited to (on request);

- ⇒ Medical assistance on the playing fields;
 - ⇒ Free access to all playing fields;
 - ⇒ Certificate of attendance;
 - ⇒ Medals to the first three classified teams;
 - ⇒ Registration kit with Credit Pass, a guidebook of the games, tourist information leaflets and sports bag;
 - ⇒ F.V.G. Card – (Personal Card for guided tours, discounts on entrance fees to museums and for several other services in the region of Friuli Venezia Giulia);
 - ⇒ Access to the Games - and Expo Centre;
 - ⇒ Access to social events (the calendar of the events will be published on the site www.lignano2011.it);
 - ⇒ Discounts on commercial activities in Lignano Sabbiadoro;
- Further benefits may be given and will be reported on the site www.lignano2011.it .

Available services on request:

- ⇒ Transfer to or from airports or railway stations;
- ⇒ Transfer to the training areas situated outside Lignano Sabbiadoro;
- ⇒ Transfer to watch other sports games different from those to which one is registered in, organized outside Lignano Sabbiadoro;
- ⇒ Catering service at the game location;
- ⇒ Excursions, etc.

11.2 Registration fee COACHES AND ACCOMPANYING PERSONS

The registration fee for coaches and accompanying people to the European Masters Games Lignano 2011 is of € 60,00 per person and must be paid before 31st July 2011 (Final registration).

If the registration fee is paid before 12th June 2011 (Early registration) one can benefit of a discount of 15% (the enrolment fee will be reduced to € 51,00).

The payment of the registration fee (€ 51,00 before 12th June 2011 or € 60,00 before 31st July 2011) must be paid via International transfer on the bank account **c/c Comitato Esecutivo Organizzatore EMG Lignano 2011 - Banca Popolare FriulAdria – Agenzia 171 Trieste.**

IBAN IT25C0533602207000040545149 - BIC (or SWIFT) BPPNIT2P171, net of the transfer fees, or via Credit Card (The Pay Pal payment system can be used for online enrolment, available on the site: www.lignano2011.it).

The fee offers the following benefits:

- ⇒ The parade and access to the opening and closing ceremonies (Parade only for the coaches);
- ⇒ Free of charge urban transport service in Lignano Sabbiadoro;
- ⇒ Extra-urban transport service from Lignano to games areas outside Lignano during the competition days and for the sports to which one is accredited to (on request);
- ⇒ Medical assistance on the playing fields;
- ⇒ Free access to all playing fields;
- ⇒ Certificate of attendance (only for the coaches);
- ⇒ Registration kit with Credit Pass, a guidebook of the games, tourist information leaflets and sports bag;
- ⇒ F.V.G. Card – (Personal Card for guided tours, discounts on entrance fees to museums and for several other services in the region of Friuli Venezia Giulia);
- ⇒ Access to the Games - and Expo Centre;
- ⇒ Access to social events (the calendar of the events will be published on the site www.lignano2011.it);
- ⇒ Discounts on commercial activities in Lignano Sabbiadoro;

Further benefits may be given and will be reported on the site www.lignano2011.it .

Available services on request:

- ⇒ Transfer to or from airports or railway stations;
- ⇒ Transfer to the training games areas situated outside Lignano Sabbiadoro;
- ⇒ Transfer to watch other sports games different from those to which one is registered in, organized outside Lignano Sabbiadoro;
- ⇒ Catering service at the game location;
- ⇒ Excursions, etc.

11 Links

OC - Organizing Committee:

www.lignano2011.it; e-mail: info@lignano2011.it

IMGA - International Masters Games Association:

www.imga.ch; e-mail: info@imga.ch

FICK - Federazione Italiana Canoa Kayak:

www.federcanoa.it

COL - (Comitato Organizzatore Locale) Canoa San Giorgio: www.canoasangiorgio.org